

Salisbury House Sample Menu for Winter 2014

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Cereals, freshly homemade porridge, eggs, toast and preserves accompanied by fruit juice or a pot of tea or coffee.						
Mid-Morning	Tea, coffee or fruit juice with a selection of biscuits						
Lunch	Sausage & Onion Platt with served with gravy or BBQ Chicken with scalloped potatoes & panache of vegetables .	Mixed Grill served with chips, chicken fillets, Cumberland sausages grilled tomatoes, mushrooms and baked beans.	Roast Gammon, served with roast potatoes, broccoli, cauliflower cheese and honey roasted parsnips with white onion sauce or gravy	Chicken Korma with rice or Mince Cobbler served with potatoes and gravy. Accompanied by Panache of Seasonal Vegetables.	Beer Battered Fresh Fish with tartar sauce or Fish Pie or Omelette of the day. Served with homemade chips and mushy peas.	Homemade Beef Stew with dumplings served with mixed herb Sautéed Potatoes and panache of seasonal vegetables.	Roast Lamb with mint sauce served with roast potatoes, broccoli, cauliflower and honey roasted parsnips with a red wine gravy. Glass of red or white wine.
	Mandarin Fruit Flan.	Rhubarb Crumble with custard.	Chocolate Cake served with a mint cream.	Mixed Fruit Lattice Tart.	Fresh Fruit Salad and Ice Cream or fresh cream.	Rice Pudding with jam sauce.	Apple Crumble served with fresh cream or custard.
	Fresh fruit salad is available daily as a lighter option for all service users.						
	Served with pots of tea, coffee and fruit juice						
Mid-Afternoon	Tea, coffee or fruit juice with a selection of biscuits.						
Evening Meal	Kedgerree served with toast or bread and butter.	Tuna or Cheese & Ham salad with all trimmings.	Poached Eggs on Toast.	Ham & Pineapple Pizza served with Garlic Bread.	Homemade Pea & Ham soup served with a Crusty Bread Roll.	Pork pie with salad and pickles.	Ham Salad with egg mayonnaise or Soup of the Day.
	Accompanied by freshly made sandwiches with a variety of fillings with coleslaw, salads are available daily as a lighter option for all service users.						
	Homemade Honey Cake.	Fruit Jelly & Ice Cream.	Bakewell Slice.	Buttered Scones with jam.	Coffee Gateaux.	Butterfly Cakes.	Homemade Fruit Trifle served with fresh cream.
	A selection of cheeses are available accompanied by crackers and pickles each evening						
Served with tea, coffee and fruit juice							
Supper Time	Horlicks, Hot chocolate, hot milk, tea and milky coffee available with biscuits, cakes, or toast preserves						
Tea, coffee or fruit juice with a selection of biscuits are available throughout the day and night.							
On Special Occasions & Birthdays we provide a 'Party Tea' including a selection of party food and birthday cake. Also glass sparkly bubbly wine							